



PHA-UK Annual Conference

Friday 14th, Saturday 15th & Sunday 16th November 2008

Crowne Plaza Marlow, Fieldhouse Lane, Marlow, SL7 1GJ

Conference Booking Form

PLEASE RETURN THIS FORM BY 10th OCTOBER 2008 to the address overleaf to confirm your place(s) at the conference.

(PLEASE COMPLETE IN BLOCK CAPITALS)

NAME OF MAIN CONTACT:

ADDRESS:

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..... POSTCODE:

CONTACT TELEPHONE NUMBER:

ADULTS ATTENDING
(Names in full)

CHILDREN ATTENDING
(Names in full)

AGE OF CHILD

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NUMBER OF CHILD CRECHE PLACES REQUIRED:

NAME(S) REQUIRED FOR BADGE(S) IF DIFFERENT FROM ABOVE (INCLUDING MESSAGE BOARD NAME IF REQUIRED)

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MAIN DELEGATE (minimum donation £35 per adult per night)

ACCOMMODATION REQUIREMENTS (to include food, gala dinner & teas / coffees at conference)

- Both Nights (Friday and Saturday, minimum donation £70 per adult) YES NO
- Friday Night Only (minimum donation £35 per adult) YES NO
- Saturday Night Only (minimum donation £35 per adult) YES NO

TYPE OF ROOM (x 2 children sharing a room with parents to be free of charge)

- Family Room (up to 2 adults & 2 children sharing) TWIN DOUBLE SINGLE

The hotel is happy to accommodate x 3 very young children in a family room with their parents. The children will have to share a double bed as 2 beds will not safely fit into the room.

DUE TO FINANCIAL RESTRAINTS, BOOKINGS FOR FAMILIES WITH OVER 4 MEMBERS IN TOTAL WILL INCUR EXTRA COSTS THIS YEAR TO COVER THE ADDITIONAL ROOMS REQUIRED

Additional Room(s) to be charged at a minimum donation of £35 per person per day (regardless of whether adult or child sharing)

- Additional Rooms Required YES NO If YES, number required

- Interconnecting Room Requested YES NO

For families attending with more than two children there are only 6 interconnecting rooms available. Due to limited availability please book early to avoid disappointment.

DAY DELEGATE (minimum donation £15 per adult)

LUNCH, TEA / COFFEE(S) WILL BE PROVIDED FOR DAY DELEGATES. IF YOU WISH TO ATTEND THE GALA DINNER ON THE SATURDAY EVENING, PLEASE CONTACT THE OFFICE.

- Day Delegate (minimum donation £15 per adult) YES NO

OTHER REQUIREMENTS

- Oxygen Concentrator Required YES NO
- Oxygen Cylinders Required YES NO

Amount of cylinders required:
(If you are unsure and have ticked YES to cylinders above, we will contact you by telephone for your requirements)

The provider of our Concentrators, Air Products, would like to remind members of the Health and Safety Policy whilst using their Cylinders or Concentrators. At last years Conference it was noted that patients were smoking whilst using equipment, endangering not only themselves, but other members.

- Wheelchair Access Required YES NO

Special Requirements i.e. dietary

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Enriching Lifestyle Sessions & Activities Preferences

Saturday 15th November 2008

Enriching Lifestyle Sessions 11:30 - 13:00 (approx)

Please choose one session from each of the following lists. Sessions will be run twice to allow members the opportunity of attending more than one subject.

	11:30 -12:15	12:15 - 13:00
PTE (Thromboendarectomy)	<input type="checkbox"/>	<input type="checkbox"/>
Connective Tissue Disease	<input type="checkbox"/>	<input type="checkbox"/>
Sex & Intimacy	<input type="checkbox"/>	<input type="checkbox"/>
Oral Therapies	<input type="checkbox"/>	<input type="checkbox"/>
Prostaglandin Therapies	<input type="checkbox"/>	<input type="checkbox"/>
Taking Control Exercising with PH	<input type="checkbox"/>	<input type="checkbox"/>
Oxygen Therapy & Travelling with Oxygen	<input type="checkbox"/>	<input type="checkbox"/>
Paediatric Session	<input type="checkbox"/>	<input type="checkbox"/>

Activities 13:45 - 16:00 (approx), with a coffee break

Please choose one session from each of the following lists. Sessions will be run twice to allow members the opportunity of attending more than one subject.

	13:45 - 14:45	15:00 - 16:00
Bollywood Dance Workshop	<input type="checkbox"/>	<input type="checkbox"/>
In the Bollywood workshop, participants are taught simple Bollywood dance steps and before they realise it, the whole group begins dancing. These steps are gradually built as a sequence - first footwork, then hand movements followed by eye and facial expressions until all are combined. Within a very short period participants are able to learn an entire dance routine.		
Glass Painting	<input type="checkbox"/>	<input type="checkbox"/>
An introduction on how to paint beautiful patterns and designs onto glassware. Lots of demonstrations and practical activities.		
Digital Photography	<input type="checkbox"/>	<input type="checkbox"/>
Professional photographer and TV documentary maker Alan Howard provides pointers on how to take better photographs.		
Indian Head Massage	<input type="checkbox"/>	<input type="checkbox"/>
This special form of massage works on the energy chakras and is a wonderful way of relieving stress and its effects on the systems of the body.		
Creative Writing	<input type="checkbox"/>	<input type="checkbox"/>
A fun, practical session which aims to unleash your creativity. Discover how to find ideas for your writing in everyday life, and enjoy creating "instant" characters. Who knows - they may just be the inspiration for your first novel, play or short story!		
Beer Tasting & Food Pairing	<input type="checkbox"/>	<input type="checkbox"/>
Join the experts from the Beer Academy and treat your taste buds to 5 local beers. The food pairing is something new for the attendees and you will be amazed at how well the beer goes with food. It's a fantastic eye opener!		
Relaxation Techniques	<input type="checkbox"/>	<input type="checkbox"/>
Unwind and let the stress flow from your body as Paul Pennington takes you on a voyage of discovery beyond your thoughts and daily concerns to help improve body, mind and spirit.		

Sunday 16th November 2008

Local Links for Friendship and Support

If you are interested in attending this meeting please tick the box and be involved in the setup.

YES NO

EXPERT QUESTIONS

If you have any questions for the Experts and you would like them to be asked on your behalf please list them below:

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SPECIAL EMPHASIS AWARDS

We will be presenting a series of awards to individuals or groups who have made an outstanding contribution to people with PH.

Write your nomination(s) here and explain why you have nominated that person:

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'BUDDY' SYSTEM

We are operating a 'buddy' system for members who may be attending on their own or couples attending for the first time, please complete separate form enclosed.

Please tick the box if this is something that would be of benefit to you.

OTHER SUGGESTIONS

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Please return your Conference Booking Form by no later than Friday 10th October 2008, along with your donation. Cheques to be made payable to the PHA-UK.

For the attention of: Caroline Drain, Administration Manager, PHA-UK,
Unit 3A Enterprise Court, Farfield Park, Manvers, Rotherham, South Yorkshire, S63 5DB
Tel: 01709 761450 / Email: office@phassociation.uk.com

The PHA-UK would like to inform you that the Conference will next be held in 2010. We will be hosting a social event in 2009 to take its place. Therefore, please book early to avoid disappointment!